

# Lung Disease Types

**C**hronic obstructive pulmonary disease is an irreversible condition of the **lungs**. It is mostly found in smokers. Nevertheless, several people who have been smoking for several years should never be affected by this condition. The lung is a complex organ composed of different structures which perform to execute one of the most vital method for tactical - breathing. According to many experts, there are two main types of lung diseases - obstructive and restrictive. The former one interferes with exhalation, while the latter retains the lungs from growing usually during inhalation. Now these kinds depend on the part of the lungs that has been affected. Frequently, the airways, air sacs, blood vessels in the lungs, the particular interstitium, the pleura, and also the chest wall are afflicted.



## Home Remedies for Hacking and Coughing Fits

Some simple home remedies can help you to get rid of a coughing fit and have you feel better. When you start coughing persistently, it is important that you follow at least one of these remedies.

- AECB is usually treated with antibiotics, **cough** suppressants, oxygen therapy, corticosteroids, and bronchodilators.
- Medicines are used if it is suspected to be caused by transmissions, while corticosteroids are used to reduce the inflammation of the air passages.
- Bronchodilators are effective in opening up the airways of the lungs.

## Diagnosis and Treatment

AECB is usually diagnosed through observing the severity of the symptoms of chronic bronchitis such as, an increase in breathing problems as well as the degree of sputum, and shortness of breath. Physicians also look at a trial of sputum to ensure the appropriate diagnosis of the condition. The presence of blood in sputum and fever may demand a chest X-ray to detect if pneumonia is the underlying cause of the disease.

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