

# Pneumonitis Vs. Pneumonia

One is bound to have a slip of tongue when they try to say the words pneumonitis and pneumonia in one breath. These are two serious respiratory complications, if not taken care of in early stages, they could progress in to life-threatening conditions. Although, both these conditions have an effect on the lungs, there are some differences between them. As these conditions involve the lungs, this could lead to breathing problems that leads to oxygen destruction in the body. Without oxygen, cells in the body set out to die and this leads to lethal implications. Here, we will attempt to explain these differences between the signs and symptoms and causes of those two breathing health conditions.



## Pneumonia

Pneumonia is really a severe respiratory disease seen as an symptoms similar to that of bronchitis. It is caused because of inflammation of the **lungs** (excluding the bronchi) due to contamination brought on either by virus, bacteria or perhaps other parasites. You need to keep in mind that pneumonia can be fatal, if left untreated.

- PneumonitisPneumoniaPneumonitis is a term that refers to lung tissue inflammation due to factors other than a microbial infection.
- Pneumonia is a condition where lung swelling occurs as a result of microbial infection.
- Factors that lead to be able to pneumonitis include:

## Prevention

Is important to do every effort to halt the spread of the viruslike infection. The one who has contracted serious bronchitis should take safeguards at the time of coughing and sneezing. The person should cover his mouth with a cloth with these kinds of instances. Changing this cloth everyday will help in controlling the spread of disease. Transmittable nature of this an infection causes it to be required for the affected individual to wash his hands with soap or using sanitizer more often, as a part of the particular hygiene program.

Along with this precaution, the individual must take sleep, drink a lot of water and avoid going to packed places. Instead of trying to remedy this infection by self-medication and using antibiotics in the process, the individual ought to take professional help. It is important to note that acute bronchitis is a viral infection and antibiotics won't be helpful in getting rid of it. Your time and efforts in this direction will only prolong the length of the infection; and put the individuals you deal with at the risk of getting it.

Other symptoms of respiratory disease contain shortness of breath, chest discomfort, and so forth. This is because of airway hyperreactivity, which results in narrowing of the air passages, thereby causing impairment to the conventional airflow into and out of the lungs. Such airway hyperactivity can also be triggered by irritants, like airborne dirt and dust and fumes, cool oxygen, tobacco smoke, and also strong smells.

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