

# The Sore Throat Bronchitis: The Sore Throat Bronchitis

**M**ixture of essential oils, including eucalyptus (*Eucalyptus globulus*), a citrus oil, and an extract from pine, is suggested for several respiratory illnesses, including both acute and chronic bronchitis. One study found that people who took a placebo did not better than people with acute bronchitis treated with essential oil monoterpenes. When taking this extract than those who took a placebo in one study, people with acute bronchitis recovered quicker. Although few studies have examined the effectiveness of specific homeopathic therapies, professional homeopaths may consider these treatments for treating bronchitis as well as conventional medical care. For early phases of bronchitis or other respiratory disorders; this treatment is best suited if you have a hoarse, dry cough who complain of dry mouth, thirst, restlessness, and being awakened by their own coughing.



## Too Many Antibiotics Still Prescribed for Sore Throats

Antibiotics only work against bacterial infections, and yet they may be prescribed at a rate of 60 percent for sore throats and 73 percent for bronchitis, conditions which are commonly caused by viruses, the scientists said. "For sore throat, antibiotics should be prescribed about 10 percent of that time period," said study author Dr. Jeffrey Linder, a researcher in the division of general medicine and primary care at Brigham and Women's Hospital in Boston. Although the U. S. Centers for Disease Control and Prevention supports the proper use of antibiotics, their use for sore throats has just fell from about 70 percent of physician visits in 1990 to 60 percent of visits now, he said. The report on sore throats was published online Oct. 3 in JAMA Internal Medicine, and the results of the bronchitis study are scheduled for presentation Thursday at ID Week 2013 in San Francisco.

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*Trouble Breathing After Eating Breathing trouble is the most common symptom of any respiratory disease. However, there are peculiar circumstances, which determine the exact cause of troubled breathing. For instance, in the event that it occurs after eating, next the cause is...*

## Pharyngitis is the Most Common Cause of a Sore Throat

It really is the most common bacterial cause of cases of pharyngitis (15 30%). Additional causes are rare, but possibly lethal, and comprise parapharyngeal space infections: peritonsillar abscess ("quinsy"), submandibular space infection (Ludwig's angina), and cases of pharyngitis are brought on by fungal infection for example *Candida albicans* causing oral thrush. It's hard to distinguish a viral and a bacterial cause of a sore throat based on symptoms. Acute pharyngitis is the most common cause of a sore throat and, together with cough, it is diagnosed in more than 1. million people annually in America.

## Selected Bibliographies On The Sore Throat Bronchitis

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